

# Ascending Scale To An Awesome Life (ASAL)

Infinite SELF

<p><i>Tier VII</i></p> <p>DIVINE ACCEPTANCE</p>	<p>Truth and Light</p>	Thriving Self
<p><i>Tier VI</i></p> <p>ONENESS</p>	<p>Grace Joy Unconditional Love/Community Gratitude Allowing the Whole/Seeing in Terms of Beauty Acceptance of all as Good</p>	
<p><i>Tier V</i></p> <p>APPRECIATION</p>	<p>Thanks Giving Love Abundance Freedom Inspiration Enthusiasm Belief in Good/Faith/Trust</p>	
<p><i>Tier IV</i></p> <p>OPENNESS/AVAILABLE TO THE THRIVING NATURE OF LIFE</p>	<p>Expectation Excitement Hope Possibility Curiosity/Opening Acceptance Awareness Forgiveness</p>	
<p><i>Tier III</i></p> <p>ANXIETY</p>	<p>Againstness/Negative Conclusions/Assumptions Pain/Sadness Judgment/Fear Worry Doubt/Distrust Lack Anger/Aggression</p>	Surviving Self
<p><i>Tier II</i></p> <p>WAR/ATTACK/FIGHT</p>	<p>Lack of Forgiveness/Blame Hatred/Jealousy Oppression/Victimization Rage/Revenge Guilt/Shame/Accusation</p>	
<p><i>Tier I</i></p> <p>OVERWHELMING DARKNESS</p>	<p>Depression/Isolation Despair/Powerlessness/Victim Dense /Pin Point of Light</p>	